



## Feeding Our Kids

### Volunteer Policy Summary 2021 - 2022

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This gives a brief summary of FOK volunteer policies and roles. For more detailed information, please see the Feeding Our Kids Volunteer Guide.

#### **General Policies:**

- Confidentiality and anonymity of our families is paramount. No discussions relating to any children or families that may be recipients.
- Follow all instructions from FOK staff, board member, or volunteer leader
- Dress appropriately, including proper footwear (no open toe shoes if lifting or moving items)
  - o No political or offensive messages/images on clothing
- Maintain appropriate behavior at all times.

#### **Family/Youth Volunteer Policies:**

- School-aged children are welcome to come with a parent
- Middle-school aged children and older may volunteer alone, but need a permission slip and waiver signed and on-file.
- Youth groups do not need permission slips or waiver as they are considered the responsibility of the group chaperone
- There is a required minimum adult:child ratio when bringing children.
  - o 1:4 for middle-school & high-school aged children
  - o 1:3 for 3-5 grades
  - o 1:2 for K-2 grades

#### **COVID-19 Policies:**

- Policies are subject to change based on information from the Champaign-Urbana Public Health District
- The mask policy has been updated as of **3/8/22** : Masks are currently recommended but not required

#### **Volunteer Activities:**

- Food Sorts: Packing food bags, moving/loading food bins, restocking tables
- Food Deliveries/Stocking: Receiving food deliveries and stocking on shelves
  - o May involve lifting up to 25 pounds
- Delivery Drivers: Take food bins to individual schools/programs every other week
  - o Need a vehicle that has sufficient cargo space
- Other volunteer opportunities are possible. Please contact FOK for more information if you are interested.
  - o Serving on committees (events, fundraising, outreach, etc.)
  - o Volunteer coordination (outreach and scheduling)
  - o Serving on board of directors
  - o Any special skills (IT, finance, design, etc.)