



Feeding Our Kids

Volunteer Policy Summary 2022 - 2023

This gives a brief summary of FOK volunteer policies and roles. For more detailed information, please see the Feeding Our Kids Volunteer Guide.

General Policies:

- Confidentiality and anonymity of our families is paramount. No discussions relating to any children or families that may be recipients.
- Follow all instructions from FOK staff, board member, or volunteer leader
- Dress appropriately, including proper footwear (no open toe shoes if lifting or moving items)
 - o No political or offensive messages/images on clothing
- Maintain appropriate behavior at all times.

Family/Youth Volunteer Policies:

- School-aged children are welcome to come with a parent
- Middle-school aged children and older may volunteer alone, but need a permission slip and waiver signed and on-file.
- Youth groups do not need permission slips or waiver as they are considered the responsibility of the group chaperone
- There is a required minimum adult:child ratio when bringing children.
 - o 1:4 for middle-school & high-school aged children
 - o 1:3 for 3-5 grades
 - o 1:2 for K-2 grades

COVID-19 Policies:

- Policies are subject to change based on information from the Champaign-Urbana Public Health District
- The mask policy has been updated as of **3/8/22** : Masks are currently recommended but not required
- **Volunteer Activities:**
 - Food Sorts: Packing food bags, moving/loading food bins, restocking tables
 - Food Deliveries/Stocking: Receiving food deliveries and stocking on shelves
 - o May involve lifting up to 25 pounds
 - Delivery Drivers: Take food bins to individual schools/programs every other week
 - o Need a vehicle that has sufficient cargo space
 - Other volunteer opportunities are possible. Please contact FOK for more information if you are interested.
 - o Serving on committees (events, fundraising, outreach, etc.)
 - o Volunteer coordination (outreach and scheduling)
 - o Serving on board of directors
 - o Any special skills (IT, finance, design, etc.)