



Feeding Our Kids

Volunteer Policy Summary 2023 - 2024

This gives a brief summary of FOK volunteer policies and roles. For more detailed information, please see the Feeding Our Kids Volunteer Guide.

General Policies:

- Confidentiality and anonymity of our families is paramount. No discussions relating to any children or families that may be recipients.
- Follow all instructions from FOK staff, board member, or volunteer leader
- Dress appropriately, including proper footwear (no open toe shoes if lifting or moving items)
 - o No political or offensive messages/images on clothing
- Maintain appropriate behavior at all times.

Family/Youth Volunteer Policies:

- School-aged children are welcome to come with a parent
- Middle-school aged children and older may volunteer alone, but need a permission slip and waiver signed and on-file.
- Youth groups do not need permission slips or waiver as they are considered the responsibility of the group chaperone
- There is a required minimum adult:child ratio when bringing children.
 - o 1:4 for middle-school & high-school aged children
 - o 1:3 for 3-5 grades
 - o 1:2 for K-2 grades
- **Volunteer Activities:**
 - Food Sorts: Packing food bags, moving/loading food bins, restocking tables
 - Food Deliveries/Stocking: Receiving food deliveries and stocking on shelves
 - o May involve lifting up to 25 pounds
 - Delivery Drivers: Take food bins to individual schools/programs every other week
 - o Need a vehicle that has sufficient cargo space
 - Other volunteer opportunities are possible. Please contact FOK for more information if you are interested.
 - o Serving on committees (events, fundraising, outreach, etc.)
 - o Volunteer coordination (outreach and scheduling)
 - o Serving on board of directors
 - o Any special skills (IT, finance, design, etc.)

Masks are currently not required at volunteer activities. Masks and hand sanitizer will be available if needed. If you are sick please stay home.